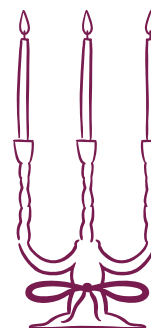


dopamine menu

STARTERS



MAIN COURSE



DESSERT

DRINKS



dopamine menu

STARTERS



MAIN COURSE

DESSERT

DRINKS



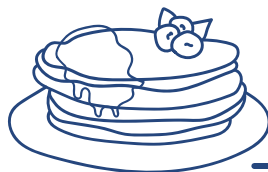
dopamine menu

STARTERS



MAIN COURSE

DESSERT



DRINKS





SINCE 1989
DOPAMINE
Restaurant

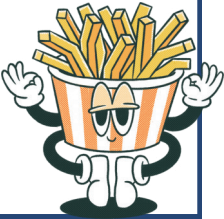
Appetizers



**MAIN
COURSES**



DESSERTS



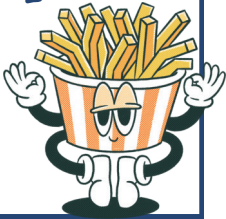
DRINKS



SINCE 1989
DOPAMINE
Restaurant

Appetizers

- FULL BODY STRETCH
- 10 MINUTE TIDY
- LIGHT A CANDLE
- MINI - MEDITATION



DESSERTS

- TAKE A SHOWER
- DANCE PARTY (solo or otherwise)
- PLAN A FUTURE TRIP OR HOLIDAY

DRINKS

- PRACTICE GRATITUDE
- CREATE PLAYLIST
- DOODLE MINDLESSLY



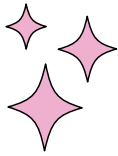

MAIN COURSES

- READ A CHAPTER OF A BOOK
- WRITE IN A JOURNAL
- CLEAN A SPACE
- DO A FULL SELF-CARE ROUTINE (skin, hair, nails etc)
- MAKE A HEALTHY MEAL

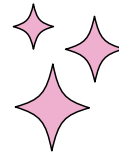
SPECIAL

GO OUTSIDE

visit a nearby park, beach, or other area where you can be out in nature



dopamine
♥
MENU



STARTERS

Blank area for listing starters.

MAIN COURSE

Blank area for listing main course items.

DESSERT

Blank area for listing dessert items.

DRINKS

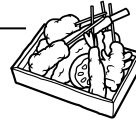
Blank area for listing drinks.



Dopamine Restaurant

open 24 hours

Starters



Specials

Desserts



Main Courses

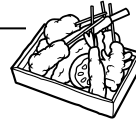


Drinks

Dopamine Restaurant

open 24 hours

Starters



Specials

Desserts



Main Courses



Drinks
